



# Pennington Family Dentistry

*Creating generations of smiles since 1962*

**Bernard L.  
Hoffman, III, DDS**

*Implant & Restorative Dentistry*

**Ana Paula  
Hoffman, DDS, MSc, PhD**

*Cosmetic & Pediatric Dentistry*

## Extraction Instructions

Comprehensive,  
One-Stop Care

- Complete implant dentistry
- Cosmetic dentistry (veneers, whitening)
- Restorative dentistry with dental crowns and dental bridges
- Sleep appliances to reduce or eliminate snoring and sleep apnea
- Preventive dentistry to help you keep your own teeth for life
- Pediatric dentistry focused on children age 3 and up
- Root canal therapy
- Invisalign®
- Nitrous oxide

Patient Comfort &  
Convenience

- Most insurances accepted and filed for you
- Flexible and no-interest payment plans, CareCredit®, autopay
- Visa, MasterCard, Discover accepted
- Conveniently located with ample free parking
- Office hours:  
Mon–Thu, 8am–7:30pm;  
Fri, 8am–5pm
- Appointments seen promptly, no waiting
- Same-day emergency appointments
- Morning, afternoon and evening appointments

- Bite on gauze for one hour. Remove gauze and throw away. **DO NOT REPLACE GAUZE.**
- No eating or drinking for at least 2 hours after procedure.
- **NO SMOKING** or drinking through a straw for 24 hours.
- No rinsing or spitting for the first 24 hours, Start rinsing the following day with 6 ounces of warm water and 1 teaspoon of salt 4-5 days 3 times a day.
- If excessive bleeding occurs take a tea bag, run under warm water gently squeeze to remove excess water gently bite down on tea bag for 45 minutes.
- If swelling occurs place ice pack and hold on area for 20 minutes remove for 10 minutes. Repeat as needed.
- In case of an emergency please call the office.